



Coffee Morning

We are looking forward to welcoming you all to our next Coffee Morning on 3rd December 2024—10—12pm. We will be joined by representatives from the Local authority and social care to discuss the short breaks new universal targeted and specialist offer.

Everyone is welcome—so please come along, have a cuppa and meet people that just get

2025 dates will be out soon!!

Our Coffee Mornings will run @ Low Hill Strengthening Families Hub, Fourth Ave, WV10 9LZ





Follow our QR code to our website or visit www.voice4parents-wolves. co.uk



Coffee Morning Join Voice4parents at our **Coffee Morning**



Tuesday 3rd December From 10am -12pm Αt

Low Hill Strengthening Families Hub **WV109LZ**



IASS will be available for anyone Follow us on Social Media needing to speak confidentially with them for 1:1 support





Useful Information Document

Please check out or new and upgraded Useful Information Document on this link:

Support In Our City | Voice4Parents Wolves (voice4parents-wolves.co.uk)

If you have any suggestions to improve this or any feedback please feedback https://forms.office.com/r/ bg86NFX8wg,



See FREE helpful resources at:

Sunshine Support



NEWSLETTER

Christmas Panto 2024

Thank you to everyone who has applied to have Panto tickets, all applications have now been responded too (please check junk boxes also).

PLEASE NOTE: The Panto is now FULL

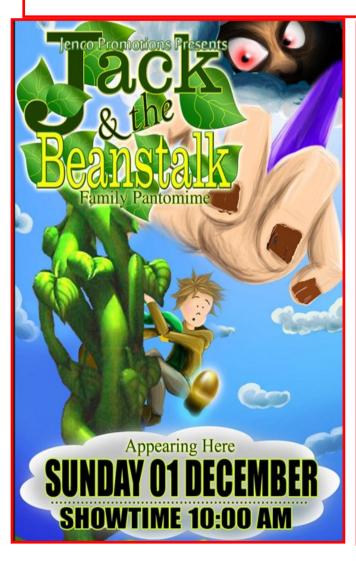
Please may we ask if you are unable to attend by e-mailing events@voice4parents.co.uk—Thank you.

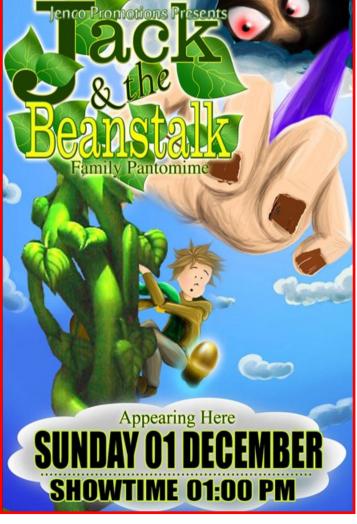
Looking forward to seeing families there—don't forget your cash / change. Lastly—please share your feedback with us following the panto on this link:

https://forms.office.com/r/bg86NFX8wg

and send any photos you are happy to share on our social media to:

emma@voice4parents.co.uk









November 2024

Wellbeing Sessions

Christmas Decorations







































NEWSLETTER

Christmas Gonk Workshop

Christmas Gonk Workshop



















THANK YOU!

A huge thank you to you all that joined us—the creations were spectacular.

Huge thank you to all the volunteers that made this happen also!

Yo check out all our photo's, please go to our website and take a look:

Wellbeing Sessions 2024

Take a look at our next Wellbeing sessions also!



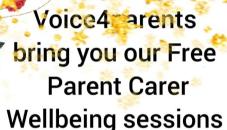
NEWSLETTER



Check out

December's Wellbeing Sessions

Keep an eye on social media and your inbox for further details



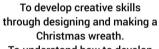


'giving a voice to parents & carer of children with additional needs

Join us to create your own Christmas Rag Wreath on 2nd December at Brickiln Community Centre, Cherry Street WV3 0QW from 10am -12pm







To understand how to develop and construct a fabric wreath. To develop an understanding of how to establish mindfulness practice through creative art.

Meet likeminded Parent Carers to take the time to chat, catch up and soothe body, mind and soul whilst exploring new fun skills.

Limited Places – allocated first come first serve

If allocated a place and don't attend then no further sessions will be given

No cost – covered by V4P with take home handcrafted item at end of session

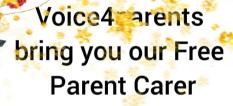
Light Refreshments will be provided

TO BOOK EMAIL: EVENTS@VOICE4PARENTS.CO.UK Include session want to book onto, name, and V4P MEMBERSHIP NUMBER

All emails will be responded to









'giving a voice to parents & carer of children with additional needs'

Wellbeing sessions

Join us to create your own Christmas Cards on 2nd December

at Brickiln Community Centre, Cherry Street WV3 0QW from 12.30pm - 2.30pm

To develop creative skills through designing and making handmade Christmas Cards..

To understand how to develop and create creative Christmas card design ideas by working with a range of different materials.

To develop an understanding of how to establish mindfulness practice through creative design work and making.







Meet likeminded Parent Carers to take the time to chat, catch up and soothe body, mind and soul whilst exploring new fun skills.

Limited Places – allocated first come first serve

If allocated a place and don't attend then no further sessions will be given

No cost – covered by V4P with take home handcrafted item at end of session

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TO BOOK EMAIL: EVENTS@VOICE4PARENTS.CO.UK Include session want to book onto, name, and V4P MEMBERSHIP NUMBER

All emails will be responded to







NEWSLETTER



'giving a voice to parents & carers

Voice4 arents bring you our Free Parent Carer



Wellbeing sessions

Join us to create your own Christmas Stocking on 16th December

at Brickiln Community Centre, Cherry Street WV3 0QW from 10am - 12pm



To develop creative skills through designing and making a Christmas stocking.

To understand how to develop and apply creative mediums such as a range of fabrics, fabric paint and fabric pens.

To develop an understanding of how to establish mindfulness practice through creative art.







Meet likeminded Parent Carers to take the time to chat, catch up and soothe body, mind and soul whilst exploring new fun skills.

Limited Places – allocated first come first serve

If allocated a place and don't attend then no further sessions will be given

No cost – covered by V4P with take home handcrafted item at end of session

Light Refreshments will be provided

TO BOOK EMAIL: EVENTS@VOICE4PARENTS.CO.UK Include session want to book onto, name, and V4P MEMBERSHIP NUMBER

All emails will be responded to



As soon as possible

Like Us On

Would you like to join us? Drop an e-mail with your membership number on to events@voice4parents. co.uk.

Voice4 arents bring you our Free Parent Carer



'giving a voice to parents & care of children with additional needs

Wellbeing sessions

Join us to create your own Christmas Decorations on 16th December

at Brickiln Community Centre, Cherry Street WV3 0QW from 12.30pm - 2.30pm



To develop creative skills through designing and making Christmas decorations. To understand how to develop and apply creative mediums such as paints, wood, clay, gems and bells.

To develop an understanding of how to establish mindfulness practice through







Meet likeminded Parent Carers to take the time to chat, catch up and soothe body, mind and soul whilst exploring new fun skills.

Limited Places – allocated first come first serve

If allocated a place and don't attend then no further sessions will be given

No cost – covered by V4P with take home handcrafted item at end of session

Light Refreshments will be provided

TO BOOK EMAIL: EVENTS@VOICE4PARENTS.CO.UK Include session want to book onto, name, and V4P MEMBERSHIP NUMBER

All emails will be responded to







NEWSLETTER

Summer and October Half Term 2024 Leisure Programme 2024

To see our amazing presentation from Summer 2024, please click here:

Gallery | Voice4Parents Wolves

Thank You

It is so important that Funders understand how vital these sessions are for families and in order to continue to obtain funding please complete this feedback to let us know what went for you, what didn't and of course how these sessions have impacted your family

https://forms.office.com/r/bq86NFX8wq

Building a healthy future—School Nurses Bulletin

- For SEND parents https://www.royalwolverhampton.nhs.uk/repo/our-services/0-19-service/documents/
 Building_a_healthy_future_this_autumn_2024_for_SEND_parents.pdf
 - For primary parents https://www.royalwolverhampton.nhs.uk/repo/our-services/0-19-service/documents/
 Building_a_healthy_future_this_autumn_2024_for_Primary_parents.pdf
- For secondary students https://www.royalwolverhampton.nhs.uk/repo/our-services/0-19-service/documents/
 Building a healthy future this autumn 2024 for Secondary students.pdf





NEWSLETTER

Autism Central: New Podcast and Webinar Series for Professionals, Parents, and Carers

Autism Central, funded by NHS England, is thrilled to announce the launch of two new educational series designed to support parents and carers of autistic adults, young people and children.

The <u>podcast series</u>, Sensory Processing Focus, will be hosted by Holly Sprake-Hill, a neurodivergent occupational therapist, and will bring together autistic people, parents, carers, and professionals to explore sensory processing. Key episodes will include:

Sensory Needs of Non-Speaking Children

Experiencing Sensory Differences as an Autistic Person

Sensory Processing as a Non-Speaking Autistic Person

There is also a new webinar series from Autism Central called <u>Finding the Balance</u>, which will include six insightful episodes.

For more information, visit <u>Autism Central</u>.

Budget Cuts by Wolverhampton City Council

Voice 4 Parents have become aware of proposed savings via Budget Cuts by Wolverhampton Council. As your Parent Carer Forum we believe that some of these proposed cuts will have an impact on SEND families in Wolverhampton.

Links to the Social Media Page where proposals are made can be found here.

https://www.facebook.com/share/p/18dvmp17WZ/

Please use this link to see the full proposal and V4P's e-mail to Councillor's / MP's

Budget Cuts - Impact on Send Families | Voice4Parents Wolves



Apply for reception class places for 2025
Parents and guardians of children who will start school
for the first time in September 2025 are being urged
to apply for places online now to complete the quick and
easy application process.

Please also remember that, even if your child is already in nursery provision at primary or infant school, you will still need to apply for a reception class place for them.

Help and advice is available from the Admissions and Appeals Team on 01902 551122 or by emailing

school.admissions@wolverhampton.gov.uk.

NEWSLETTER









New SEND Local Offer website launched

Released: Monday 4 November, 2024

An all-new Local Offer website, detailing information, services and resources available to support children and young people with special educational needs or disabilities (SEND), has been launched.

The website, www.localofferwolves.co.uk, has been created in partnership with children, young people and their families and includes:

- what to do if you're new to SEND
- local support such as where you can find helpful advice, fun activities or
- educational settings in Wolverhampton or nearby such as early years, primary, secondary, sixth form, colleges, further education and higher
- travel assistance arrangements for children or young people attending schools, colleges or an early years setting
- how to get advice for young adults with SEND, like housing and employment support.

The new website has been developed in response to the Local Area SEND Inspection in 2021, which found that many parents and carers were not aware of the Local Offer and some of those that were found it difficult to access information on the site

Councillor Jacqui Coogan, the City of Wolverhampton Council's Cabinet Member for Children, Young People and Education, said: "The Local Offer website brings together a wide range of information about the education, health and social care support available in Wolverhampton and the surrounding area for children and young people with SEND, and their families.

"User acceptance testing is still being carried out on the new site and further development will be undertaken in response to feedback received. We are keen to hear your views to help us continue updating the website to meet your needs, so please take a look and if you have any comments, let us know via the feedback function on the website."



NEWSLETTER

Graduated Approach Page for Parent Carers on The Local Offer

Schools / Educational settings should have a clear approach to identifying and responding to special educational needs (SEN). This is often called the Graduated Approach.

Please see link to draft graduated approach page for parent carers on the Local Offer: What support will my child get in school? | Wolverhampton Young Opportunities.

Can you please review and provide feedback on linked form: <u>Local Offer Graduated approach</u>

Findings from the Health Related Behaviour Survey 2024

Please check out this link to review the report:

SEND Report For Public Health 2024 | Voice4Parents Wolves

PARTICIPANTS NEEDED—message from Amy Howard

My name is Amy Howard and I am a Trainee Educational Psychologist on placement in Wolverhampton Educational Psychology Service alongside being a student at the University of Nottingham.

As part of my studies, I am conducting research into deaf young peoples' experiences and perceptions of social inclusion. I am looking to recruit 3-6 participants who identify as deaf and are currently attending a post-16 setting.

Please find attached a research poster for young people in your setting, which provides further information about the study including eligibility criteria, what participation may involve and how to participate.

This research project is part of my training and therefore is being conducted in my role as a university student. The decision to participate will have no impact upon current or future involvement with the Educational Psychology Service.

If any young people are interested in discussing the study further, please email me on amy.howard@nottingham.ac.uk





NEWSLETTER

Scam Awareness

Check out these links regarding scam awareness from the public protection - scams team at Wolverhampton City Council.

There is some info from the child accident prevention trust and Christmas themed info from action fraud.

CHRISTMAS LEAFLET

https://mcusercontent.com/269602e3b2b2603292f9db621/ files/4e788764-3fab-47ef-9c26-5c322b239b6b/12 Frauds of Christmas Leaflet O.pdf

PARENTS PACK

https://mcusercontent.com/269602e3b2b2603292f9db621/ files/25695505-8f35-20d9-be80-5c1e676bbfe4/ CAPT_CSW2024_Parents_Pack.pdf

CYBER ADVICE LEAFLET

https://mcusercontent.com/269602e3b2b2603292f9db621/files/ fa069daa-8113-2388-112c-3a7961bc22cb/ little leaflet cyber advice.pdf

TOY SAFETY ADVICE

https://mcusercontent.com/269602e3b2b2603292f9db621/files/ e5287b9a-fd3f-a936-0f84-163ac9372b8f/ NEW_TOYS.CAPT_ToySafety_factsheet.pdf

DON'T FALL FOR A SCAM

https://mcusercontent.com/269602e3b2b2603292f9db621/files/bd231cf3-5925-2962-56ff-c80694947fdb/



NEWSLETTER

Wildside Activity Centre

Ho Ho Ho.....

Santa will be visiting Wildside in December, please see the attached flyer for dates and sessions. They will be running two Santa boat trips where he will be onboard, and there will also be a Christmas Craft afternoon which includes a visit to Santa in his workshop. All visits with Santa include a gift bag and refreshments for everyone.

The Christmas Craft session can be booked online through the website https:// www.wildsideac.co.uk for boat trip places, please phone the office to book Tel:







Santa at Wildside

Sunday 8th December Saturday 14th December



Join us at Wildside this December for some festive 'jollyment'.

All sessions include a gift for every child and refreshments for all.

Santa Boat Trip

Sunday 8th December 10am - 11:30am OR

Saturday 14th December 10am - 11:30am

A shorter 11/2 hour narrowhoat trip suitable for all children with Santa himself and some festive refreshments onboard, includes a gift for each child. £22 for 1 adults and 1 chld. £8 for each additional place

Saturday 14th December 1pm - 3pm, Santa & Crafts

Join us at Wildside on the Saturday afternoon for some Christmas crafts in our classroom and a visit to Santa in his workshop. Includes refreshments and a gift for each child. Suitable for 4 years + £10 per child.

All children should be accompanied by a parent/carer.

Bookings for the 'Santa & Crafts' can be booked online. Boat trips need to be booked through the office, Tel: 01902 754612

Booking is essential. Please book 'Santa & Crafts' on the website. Boat trips to be booked by calling the office.





Musician Opportunity

The sessions are free of charge, and more information can be found

www.bigtopmusic.co.uk/ wolverhampton







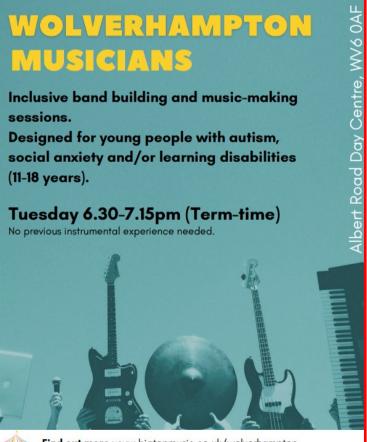
OLVERHAMPTON

Inclusive band building and music-making sessions.

Designed for young people with autism, social anxiety and/or learning disabilities (11-18 years).

Tuesday 6.30-7.15pm (Term-time)

No previous instrumental experience needed.



Find out more www.bigtopmusic.co.uk/wolverhampton

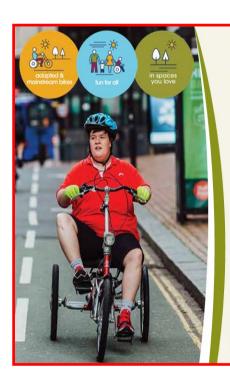


NEWSLETTER

Parkride—Accessible Cycling







Scan to **Discover** parkride





We provide safe & secure group sessions, 1-1 sessions, cycling with confidence courses, parkspin and try cycle events across the West Midlands. Enjoy sessions in your local parks, on various cycling routes, and we can even bring the bikes to you.

We have a wide range of adapted & mainstream cycles for both children and adults, there really is something for everyone!

We offer an initial taster session where trained parkride staff will assess the level of support that each person/family might need and matching you to the most suitable bike to suit your needs.

get in touch

- @ParkrideUK
- 0121 442 2944
- parkride@midlandmencap.org.uk
- @ParkrideMM
- @ParkrideUK

midlandmencap.org.uk/parkride/







CESSIBLE **CLING**





parkride have a wide range of adapted bikes for you to try; there's a bike for everyone!



What to expect:

- Led ride cycling sessions with trained parkride staff.
- · Access to specially designed bikes suitable for all abilities.



Who can ioin:

· Everybody is welcome!



Where are the sessions:

Sessions can be delivered at your venue or at a nearby park.



When are the sessions:

· Dates and times to suit your group.



What does it cost:

• Nothing! These sessions are free thanks to the West Midlands Cycle & Walk programme.



To book and for more information:

- Call: 0121 442 2944
- · Email: parkride@midlandmencap.org.uk





'giving a voice to parents & carers of children with additional needs'

WYSA





Is Wysa private?

Wysa is not a social media platform and ers cannot message each other. No one will see what you share with Wysa, and it's completely anonymous. No email or signup is required within the app.

Once you have downloaded the app, all you need to do is open it and enter a nickname to get started!

Who will have access to my conversations?

Your day to day conversations with Wysa are completely confidential and no one will have access to them.

How long do I have access to Wysa for?

You will have access for 12 months from when you downoad it.

Is Wysa safe?

Wysa's words have been written under the guidance of a qualified therapist. Clinical validation, safety, and research are key to our approach.

If you need emergency help, hit the SOS button to find the right helplines at your fingertips, and do a grounding exercise to put yourself back in control.

How is my data used?

The Wysa team may occasionally use some messages, which are completely anonymous, to train Wysa's chatbot to help improve its ability to have helpful conversations. No one outside of Wysa will ever have access to chat messages. Wysa will use the anonymous data gathered, such as how many times each of the programmes within Wysa are used and how many times the SOS button is triggered, to produce a report to show how useful Wysa has been support Emotional Wellbeing. This will not include any information about who is using it.

What should I do if I am having a crisis?

If you are in need of urgent support. Wysa has an 'SOS' button at the top of the screen. This will give you a list of emergency numbers you can call or text. The support advice you get from the helplines is confidential and not shared with Wysa. Wysa cannot provide an emergency response or in any other way alert 999 to your needs.









Everybody moves—great resource.

Use the link to find out more:

https://everybodymoves.org.uk/





'giving a voice to parents & carers of children with additional needs'

19-24 College Open Day—Westminsteer Specialist College

Take a look:

We are excited to offer an exceptional educational journey tailored to meet the needs of young adults with Education, Health, and Care Plans (EHCPs), and we would love for you to be a part of it!

Our provision is not just for those on Foundation Learning courses—it's also ideal for students who may be on or have been on mainstream courses but are looking for more tailored support and guidance toward employment.

☐ Join Us for Our Open Day Event! ☐

When: Tuesday, 10th December | 5pm-6pm

Where: 43 Rowley Village, Rowley Regis, B65 9AS

The Westminster Specialist College provides a nurturing, supportive environment designed specifically for individuals aged 19-24 with an EHCP, helping them gain valuable #work experience, #supported internships, and #employment opportunities.

Who Is This For?

We offer specialist education for young adults aged 19-24 from the Black Country region (Sandwell, Dudley, Walsall, Wolverhampton, Birmingham and wider). Students must have an EHCP, with a primary diagnosis of Moderate Learning Difficulty (MLD), and be able to achieve Entry Level 3 by the end of their time with us. Our focus is on employability, and we work with students who have a realistic ambition to enter paid employment.

Why Attend?

Our Open Day is a fantastic opportunity for young adults and their families, as well as professionals, to discover how we can support learners in achieving their goals. We'll provide an overview of our personalised approach to education, employability pathways, and the range of support we offer.

Register now to secure your place: https://www.ticketsource.co.uk/the-westminster-



NEWSLETTER



FREE festive digital

sensory show

Phoebe's Festive Favourites!





About the Show

'Phoebe's Festive Favourites' is an interactive, sensory-based series bursting with music, puppetry, colourful visuals and much more!

Accompanying the series are Resource E-Packs aimed at supporting parents, teachers and carers to become the "Facilitators" of the show. Our resources guide those facilitating on how to bring sensory elements to life for children with complex needs or life-limiting illness & provide opportunities for engagement, communication and positive memory making.

Collaborating Partners

The show's e-resource packs are made in collaboration with organisations from across the SEND network and beyond - providing lots of festive further learning activites and craft ideas. Collaborating partners include;



To watch the show's trailer, or to register to access the show, visit

www.christmasforkids.org.uk

For Press Enquiries, please contact: media@embracingarts.org.uk





Keep up to date - follow us at:









The show is designed specifically for children with additional or complex needs and life-limiting illnesses to enjoy at home, in school, in hospice and hospital, or wherever they feel most comfortable. Aiming to provide meaningful accessible festive entertainment to all this Christmas by creating opportunities for memory making, silliness, engagement, communication and connection.

If you'd like to view the show or its <u>trailer</u>, please visit <u>www.christmasforkids.org.uk</u>

NEWSLETTER



'giving a voice to parents & carers of children with additional needs'



Can you help?

We need to find out what gaps there are in sporting provision for SEND children and young adults locally.

If possible, would you complete the below short survey?

https://forms.office.com/ Pages/ResponsePage.aspx? id=7TGx4RUi5UijFqhMLa11vgO To_xqbXNNso3veyQaFItUQT hMUUk4WII2VEg3M0xWSDRP UDAyNUxSSS4u

Thank You

Feedback from our members

We are very keen to obtain any feedback from our members on anything you feel important. What is working well? What are you finding a struggle? What do you think of our website or about anything in our Newsletter. Compliments are also received with gratitude.

There are a number of ways to feed back to us; using the link below, on our website under the feedback tab or on our facebook pages,

FEEDBACK TO US: families can feedback to us on any of the areas mentioned in this Newsletter by using the following link:

https://forms.office.com/r/bg86NFX8wg